

"Hear/SEE!"

עֵינַי

Above	1	2	3	4	5	6
Below		6	5	4	3	2

WHY would I be so afraid of my own **Power** that I'd choose to *not* hear/SEE the Now?



# Hear/SEE's Contents

Chapters

Hear/SEE →

Disconnect →

Powerless →

Praying →

Doubting →

WHYS Depth →

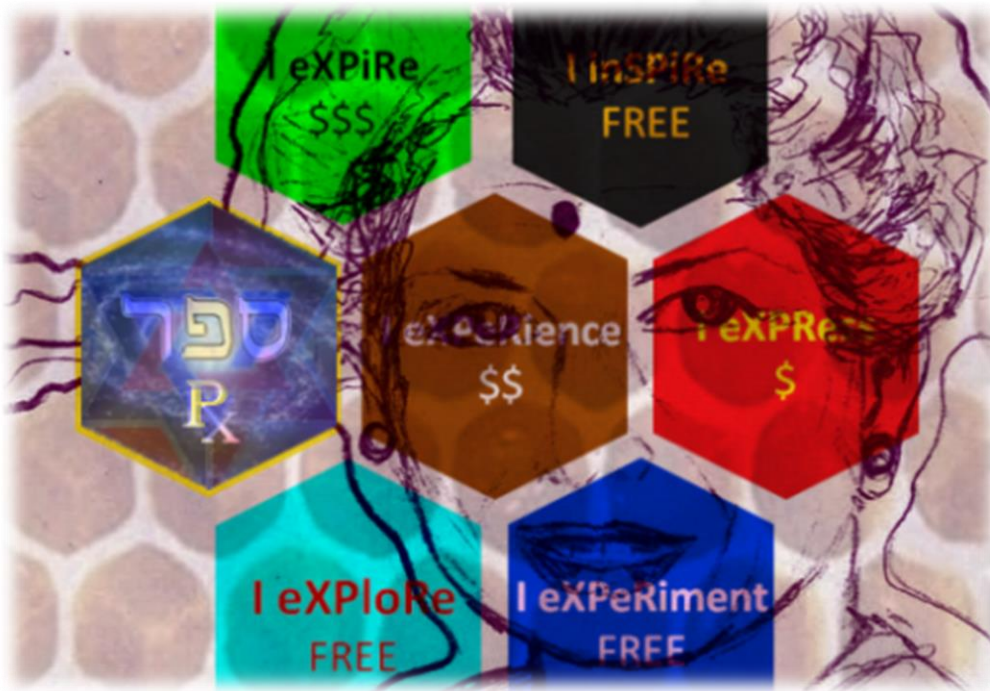
SEEing “→,” I think of the oneness of the **arrow**, the archer and the target, when I AM the AIM: Enough!

1. **WHY Hear/SEE?** BECAUSE, as a sentient being without sentience (the capacity for feeling and sensing), I’m in trouble, and BECAUSE I wish to be introduced to *eXPiRe*’s visionary way to stay **Connected** →
2. **WHY Disconnecting?** BECAUSE my resistance to hear and OBEY (a big word to my ego) the dictates of my inner voice makes me a slave to the belief that there’s an out there *out there*: it is now **Power** vs. Force, and **you** vs. me →
3. **WHY do I give you my Power?** BECAUSE I want something from you, and also BECAUSE I’ve made you my “God:” I really feel that I must compromise and give you what I *think* you want, so that you would answer my **Prayers** →
4. **WHY Praying?** BECAUSE, whether I call it “asking, meditation, wishful thinking, vision questing, or goal setting,” a question is answered (and a prayer, “received”) when I’ve emptied my mind of **Doubt** →
5. **WHY Doubting?** BECAUSE, to know the difference between “good” and “evil,” I must lift the ban “I” placed on the vocabulary of the Soul, a ban that prohibits any discussion on the essence of the most sacred of all: **the Deep** →
6. **WHY the WHYS Depth?** BECAUSE, to see the good, the true and the beautiful at ALL times, I must surrender my judging “this is Art, this is not Art,” and BECAUSE, to surrender, I must go really deep to be complete with my inquiry → THE END.





# WHY “EALTH?”



BECAUSE ONE letter –  
and what I tell myself about  
health or wealth – will make  
a difference in (my) life, and  
because I know what to do  
to be happy, rich and  
healthy; that’s my Nature!  
I just don’t want to do it!

Resisting “**Good**” is the “**pro-  
blame**” for which *the Path  
of XPR* has a “**SOULution...**”

Hebrew word *S.ph.r* → English XPR.

Golden XPR	QK at the Movies	Hear/SEE	PaRaDiSe Circle	THE END Quest	eXPiRe Tarot App	The WHYS Tree
XPR Transforming	InSPiRing	eXPloRing	eXPeRimenting	eXPeRiencing	eXPReSSing	eXPiRing

I am you, an ancient soul who came back from the future to “digest” a given area of greed, and play my part in healing the Earth. Greed is more than a rapacious desire for wealth. It is a will directed to Power; to controlling you, me, it; the world! It is the voice saying: “I can stop anytime,” and doesn’t hear its own screech. It is the anxiety that won’t quit, as it fears “\$care City!” It is also the avenger in me, who leads me to forgive. GR~~eed~~ then **Transforms** into GR~~eed~~ace; my heart opens to a LOVE that is unconditional, and my mind, to the sense of Enough. If so, WHY am I attached now to seeing *not* good enough?



# WHY No Perx-pective?

BECAUSE, to have another way to look at “IT,” I must *think* outside of the box I have myself constructed, which is to say; I must die to who I *think* I am...

“The most incomprehensible thing about the world is that it is at all comprehensible.” Albert **E=mc<sup>2</sup>instein**

InSPiRing

eXPloRing

eXPeRimenting

eXPeRiencing

eXPReSSing

eXPIRing

Here is the **XP**Rx3 formula, for me to comprehend that my Nature is **LOVE**:

- 1) **Hear and Understand**: I hate that I would be, e.g.; drinking, yet I can't stop... It's not that I haven't *tried*! Is it rational? Being an addict does not mean that I'm stupid. I just don't **eXPeRience** the logic “drinking is not good for you” in my body. I just don't get me: what am I not seeing?
- 2) **Speak in Peace**: clearly, I'm not ready to let go of *trying* to stop! Yep, my need to suffer seems to be greater than my willingness to be graced by a higher Power... However shocking this truth may be, **eXPReSSing** it feels better!
- 3) **emPower the NOW**: I am aware that I keep on superimposing the past of my story upon the present, while *hoping* for a different future. What I don't know is how to let go of my beliefs, and **eXPIRe** to who I *think* I am...

Indeed, **WHY** am I so afraid of my own **Power** that I'd choose to *not* hear/SEE the **NOW**?

# Hear/SEE – WHY an introduction?

BECAUSE **clarity** – as in being **clairaudient**, **clairvoyant**, **clairsentient**, etc. – knows where to walk and how to talk with “God!”

? I SEE the uncanny life of **symbols** ↔ I HEAR and **UnderStand**: there’s only One of **US** ↔ I AM Enough!

**WHY** Symbols → the hunger that turns off the Power of Enough.

1. **WHY** Powerlessness → language as my source of Power.
2. **WHY** Language-Power → the missing key to transformation.
3. **WHY** not transforming → not letting go of what ill's me.
4. **WHY** no healing → I’m doubting and double-guessing myself.
5. **WHY** seeking meaning → my irrational addiction to control.
6. **WHY** logic and reason → forgetfulness of I Am, and of LOVE.



Order of Above	1	2	3	4	5	6
Of Below	1	6	5	4	3	2

**S6X-based Trivia:** Two Orders – both human and divine, both comprising 6 stages, and both completing each other to reflect the miracle of One only thing: the Order of Above, when I try to create “my” reality, and the Order of Below, when I begin to let go of the personal.





# WHY SEX Symbols?



BECAUSE they make it clear that SEX is *the feel* of Self-Knowledge, since SEX consummates opposites, as yin moving into yang; yang into yin; two triangles entangling as a S6X-pointed Star; two arms of a Cross embracing at the core... IT is everywhere!

Hebrew word *Segol*, for “sigil,” also for “purple [blue/red love], vowel, healing power, virtue.”

The Yearning	?	?	Pain n' Passion	?	?	Incarnation
The Book of Life	Deaths/Rebirths	Childhood	?	?	?	?

When in a deep orgasm, I forget that the body is a material thing: it vibrates me, pulsates, hums... It is/I am and I am not; *at the exact same time!* Mind disappears, leaving me fulfilled and free! I Am **Enough**: gone is my hunger; my neediness for the other to save me, to love me or be loved by me! I am moved by a LOVE so pure it is like **death**, yet stronger! When I have this experience not only with another being, but with the whole, I awaken to what Buddhism calls *Mahamudra* for “the Great Orgasm,” and Judaism, *Daath* for Biblical “Sexual Knowledge.” So, WHY can't I get NO satisfaction? WHY the yearning?



# WHY Powerlessness?

BECAUSE it is only when I **hear** the still small voice that I can use my creative **Power** wisely, and “be fruitful and multiply.” I can now **SEE** that I am “**Enough!**”

Above	1	2	3	4	5	6
Belove	1	6	5	4	3	2

*The Path of eXPiRe* is geometrically designed as a fractal, with each menu item multiplying one basic fragment: the Genesis pattern, a.k.a. **the Seed of Life**. The S6X-based geometry below exists at all scales of measurement between *eXPiRe*’s beginning and advanced courses. This conveys that the Soul of Wisdom Teaching – “do no harm!” – can be received at any “time.” The more I **know** the difference between **good and evil**, the more connected I feel, and the more the confusion induced by the “**God**” label is dispelled. I can now enter the dimension of Eternal Peace, as I rest in the core, in between and in the midst of the S6X “days” of creation, seeing the miracle of “as Above, so Belove.”

**The Seed of Life** is found across cultures and time. It grows into **The Tree of Life**, whose *chakras* or subtle “centers” are the foundation of Hindu *and* Hebrew scriptures. Once I understand that each center is **Powered** by a GOD Name, e.g.; sex chakra is spun by the “God of Enough,” **WHY is language Power?**





# WHY Language-Power?



BECAUSE life evolves from a single cell via language, as a genetic code spelling out a DNA similar in humans and bacteria, and BECAUSE having universal codes as the “Created-S6X” tells me that everything is related.

Hebrew word *Geburah* for “Power.”

Inaudible Force	Unconscious	?	?	?	?	?
Visible Power	?	6	?	?	?	Knowledge

All ancient traditions allude to a great **Power** that is in everyone and everything, a Power to transcend any challenge. Yet, it is as if a global event wiped out my memory and left a gap in my **knowledge** base, causing a disconnect. There must be a lost symbol, by which to interface with the **Force**, heal our bodies, and abort the major tragedies that humankind is now facing. If language is the most powerful thing that occurred in the evolution of the earth, WHY can't I SEE this missing symbol, and find the transformation I seek?





# WHY Not Transforming?

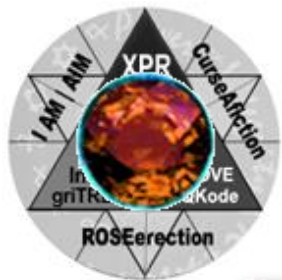
BECAUSE I have a secret or two to protect: this is how I would say I want to heal my creation of sex or money (just to take those two), yet act as if I wanted to do harm...

I think I'm safe; that people can't read my mind, and again, I am fooling myself! Humans are empaths: they can feel me and sense me, *whether I or they choose to know it or not!*

So WHY do I resist changing? Because I am a sentient being without sentience – the capacity for feeling and sensing. I turn it off, especially when life gets intense! When I don't feel me, I don't understand me, which makes it impossible for me to hear you, or to be heard by you. Faulty **Communication**, internal and external, seems to be at the root of my dis-ease. Yet, what if...



? I'd **SEE** the uncanny life of symbols ↔ I'd **HEAR** and **UnderStand**: there's only One of **US** ↔ I'd be **Enough!**  
Yes, but; WHY playing such a hide and "sick" game? WHY can't I be **REAL**?



# WHY Not Revealing?



BECAUSE exposing the agendas behind my **Com-**munication and **Com-**mmerce would fill me with shame, since **Com-**mmerce is about sex and money; also BECAUSE being secretive about sex and money is how I keep me from the right livelihood that *mixes business and pleasure.*

Hebrew *Raphael* for “God of Healing.”

Healing	?	Story Telling	?	?	?	Renouncing
Health	?	?	?	Fulfillment	?	?

The caduceus is the staff of winged **messenger** Hermes, the god healing **communication** and **commerce**. Like the prefix *com* (“with”) for balanced exchange, **Healing** is of the mind that **renounces** its grudges, seeing that “evil” interrelates with good as twin snakes. Across cultures, the snake’s venom has been used as a cure. The same idea is in Hebrew *Nachash* (“Snake”) and *Mashiach* (“Messiah”), words linking through their numerical value, to say: the cure is in the poison; in my secrets. I still don’t get it: WHY not **telling the REAL story?**



# WHY Seek Meaning??!?

BECAUSE I'm yet to know who I Am, and WHY my good and evil wires would be so crossed.

"The Tao that can be spoken is not the eternal Tao. The name that can be named is not the eternal name."

*Tao Te Ching, Chapter 1*

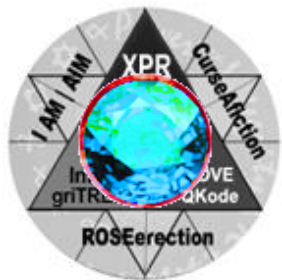
State	Altered	Deep Sleep	Dreaming	Waking	Conscious	Nameless
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*The Path of eXPiRe* is a PaRaDoX: "IT" encourages me to read the signs, so as to open to a pristine **logic**, by which to hear/SEE that I don't know what's for my highest good. I just *think* I do. And yet, IT also indicates that:

1. The **Altered**, **Dreaming** and **Waking** states are where I am into subjects (e.g.; I did it; I didn't do it), or objects ("it's all **your** fault, or "if only I had **\$\$\$...**"); I am now mostly aware of the external world, which I *try* to control with my words.
2. The **Conscious** state, and so is the **Deep Sleep** state, is in the here and now. It is "where" I lose or detach from objects/subjects: I'm in no pain!
3. The ultimate State is **Nameless**. Having fulfilled my *calling* (my given "**Name**"), I enter an awareness so pure it is choiceless. Such silence is "I" surrendering even the idea of surrender, which completes the search for meaning.

WHY the irrationality of going to **Names** to be **Nameless**? BECAUSE it is super hard for the mind to let go of desiring Power, Prestige, Prosperity; **Name** IT! Thus XPR goes to an alphabet of Names so sacred in *meaning* that it frees my mind from its addiction to judging and labeling, to leave it in Peace. The eXPeRience is akin to the grace known by an alcoholic who, after touching bottom, no longer needs this expression of greed.





# WHY Logic & Reason?



BECAUSE it is only in the mysterious equations of LOVE that I can find the logic and reason of a mind so beautiful that it does no harm. And it makes me wonder: WHY would I not know LOVE?

Hebrew word *Q'lippah*, one of the many **layers** of my "SHELLfishness."

H/S Chapters	Hear/SEE? →	Disconnect →	Powerless →	Praying →	Doubting →	WHYS Depth →
?	Layered Shells	Logic	?	Reason	?	?

**BECAUSE** I was told to observe *the out there* as a jungle, and *the other* as my enemy. Protection is the name of the game, **layers** upon **layers** of it. WHY asking WHY? Each understanding peels a **layer** of fear, and reveals that there is a **Reason** for everything. Little by little, out of the **SHELL**fishness cracked open by my deliberate inquiry, I begin to see patterns emerging as pathways of **Logic**, moving me from **hear/SEE? → Disconnect → Powerless → Praying → Doubting → WHYS Depth → I AM Enough; THE END** of my victim's questions!

# Chapter 1: WHY Hear/SEE?

BECAUSE, as a sentient being without sentience (the capacity for feeling and sensing), I'm in trouble, and BECAUSE I wish to be introduced to *eXPiRe*'s visionary way to stay **Connected**.

1. **WHY** not sensing → the fear of failure (=loss of *magic* touch)!
2. **WHY** Three *Magi* → number 3 as the energetics of a Tree.
3. **WHY** the *Magic* Tree → the case of the disappearing center.
4. **WHY** the disappearance → my disappearing act: I wanna run!
5. **WHY** running → not getting any (reward); not receiving results.
6. **WHY** "QKabbalah" → dying to the ego in the arms of LOVE.



WHY Hear/SEE?	Not Sensing →	ThREe Magi →	Magic TREE →	Cross/Crucial →	Running →	Receiving →
Belove	1	6	5	4	3	2

**S6X-based Trivia:** the first word of the Hebrew Bible has two translations: the well-known "in the beginning," and the well-kept secret "Created-S6X:" when I perceive how I create "my" reality by attaching to a story, I realize that it is not the WORLD that was created in S6X "days;" it is the WORD!





# WHY Not Sensing?



BECAUSE I may require some preliminary understanding of how my fear of the invisible world leads me to turn off my psychic sense, and how the choice of **Not Sensing** has robbed me from **Making Sense**.

Hebrew word *Shema* for "Hear/SEE!"

Not Sensing	No SIXth Sense	No Smell	No Hearing	No Taste	No Sight	No Touch
Making Sense	Generosity	?	?	?	?	?

It makes no sense: WHY am I setting myself up to perceive lack, by looking for LOVE *out there* – where it can never be found? I say I want to be real, yet I can't stop the false sense impressions, as I won't turn *within* to hear the inaudible and see the invisible. WHY? I'm afraid to go in the dark, and look. Moreover, what would I do if I came to THE END of my search? No, no: I'd rather contribute to the story of pain, than to be all alone in a place where the mind has no questions. Yes, but; WHY would that imply losing my magic Touch?





# WHY Three Magi?

BECAUSE it takes 3 magical gifts for my inner Child to stop *trying* to make IT happen, and to let IT be...

Order of Above	1	2	3	4	5	6
Of Below	1	6	5	4	3	2

I **imagine** the hypothesis that the Word has an intelligence, which it radiates as a code reflecting the miracle of One only thing: “as **Above**, so **Below**.” **Magically**, I become willing to play with *eXPiRe*’s weird color-coded lines, a.k.a. “**fractals**.”

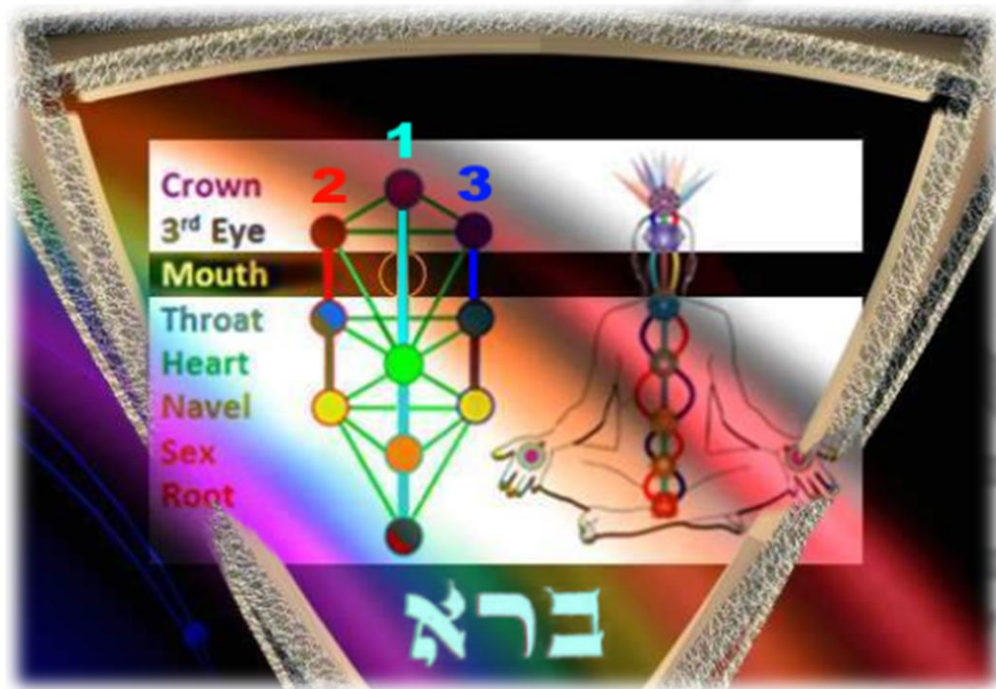
I **imagine** that the courses of *eXPiRe* have such a paradoxical subject-matter that they compress a lot of information, for patterns to be seen in the midst of the confusion. I become willing to savor each page, feeling the places that are perplexing to me as mirrors of what I am yet to understand in myself.

I **imagine** now that this book, like every XPR “child,” is created male *and* female, or linear *and* random. I become willing to read from cover to cover, *and* to use synchronicity to see what page *answers* me as my personal oracle, via the “BECAUSE” on top of each page). To do so, I go to [www.random.org](http://www.random.org), input Min: 3, Max: 52 (when landing on a transition page, e.g.; P11, I go to the next page).

I get how magical the gift to let creation happen *through* me is, but WHY #3; WHY is 3<sup>rd</sup> time a charm?



# WHY the Magic TREE?



BECAUSE it's the Tree with the sphere said by rabbis to be "here and not here" (the center in between throat in 3<sup>rd</sup> eye); and also BECAUSE it's where I lose IT, in a mouth uttering the ancient magical formula *Abacadabra*, Aramaic for "I create as I speak," and having little to no results.

Hebrew word *Barah* for "Created."

Comparison	Stigma	?	?	?	?	?
Creativity	Necessity	?	?	?	?	?

Across cultures, the life-force pulsing throughout the body flows within **3** channels, male, female and neutral. Both the Hindu and Jewish **Trees of Life** intersect these **3** paths in wheels known in Sanskrit as *chakras* and in Hebrew as *Sephiroth* (root XPR). Vertically stacked from the base of the spine to the crown of the head, the 7 rungs of the Eastern Tree are matched by the 7 rungs of the Western Tree. **WHY would a sphere as crucial as the mouth have left the Tree, making me "here, and not HEAR?"**



# WHY the Disappearance?

BECAUSE the mouth is at the place of the cross (“crucial”), and BECAUSE I resist having a cross to bear.

“Out of the ground **the LORD God** grew every tree that is pleasant to the sight, and good for food, and in the midst of the garden, the **Tree of Life** and the **Tree of the Knowledge of Good and Evil**” (*Gen. 2:9*).

The TREE & the ThREE

Male Desires the GOD

Neutral Knowledge Rests

Female Resists the DEVIL

Every fairy tale starts with a prince/princess about to suffer a big loss, e.g.; queen dies, king remarries, step-mother is a bully. My inner child also suffered from abuse; a curse I’m yet to forgive. WHY did **bad** things happen to **good** me? Truth is: I’m judging a fragment, *thinking* I know what’s for my highest **good**, when I don’t. For me to see the big picture and trust my decision making, I must stop resisting what I *think* is **bad**, and stop desiring what I *think* is **good**. Yes, I must let my thoughts be eaten up by the psychic mouth. This is how this center is named *Daath*, Hebrew for “Sexual Knowledge,” as it is where the **Tree of Life** and the **Tree of the Knowledge of Good and Evil** merge with each other. **Crossing** that line, I can hold the tension in between opposites, and balance male and female polarities on the middle path. The subtle center is Powered by Truth: just as I can’t doubt having an orgasm when I do, I can have the same certainty about Self-Knowledge. When I do, I am fulfilled and free!

1. **Knowledge** is **neutral**: when in a deep **kiss**, man forgets he is man; woman, that she is woman.
2. **Good** is **male** (male’s sexual organs are out): **speaking** is what the mouth does *outwardly*.
3. **Evil** is **female** (female’s sexual organs are in): **eating** is what the mouth does *inwardly*.

I hear about speaking, and I just wanna run: WHY?





# WHY Running?



BECAUSE I'm yet to be **willing** to do what's just, and BECAUSE my being **unwilling** is how in "God" I don't trust, and lack the faith that believes the incredible, sees the invisible, and **speedily receives** the impossible.

Hebrew word *Ratz* for "run," same root as *Ratzon* for "will," a how-to have *Aretz* for "Earth" be visible.

Fear of Speaking	No Reception	?	?	?	?	?
Clear Speech	Speed	?	?	?	?	?

I've been wanting to \_\_\_\_\_ for a while now. No matter what I do, it never manifests! So I go on searching, and searching some more. One day, I feel, having **Clear Speech** is simply a question of Self-esteem! I just need to stop the sabotage, *et voilà*; I AM the AIM! Yes, but; I want to [same as above], as long as I don't have to change! Being the AIM is a real danger: I'd be annihilated! I figured that, if I keep on **running** really fast, and put distance between me and **speaking** my goal, I'd be safe. Yet deep down, I know my feeding my ego's every whim is why I live in **Fear**. Still, **WHY can't I get to the reward?**



# WHY the QKabbalah?



BECAUSE the word has the meaning of “receiving” and the sense of emptying.

Once upon a Zen time, a philosophy professor went to a Master to ask about God. The professor talked and talked, until the Master said: “Let me first serve you tea.” The professor was at a loss: how could all his questions be answered by drinking tea? The Master brought the kettle, poured tea in the cup, and kept on pouring. “Stop!” said the professor. “What are you doing? Do you not see that the cup is full?” The Master said, “That’s exactly how your mind is: so full of questions that there is no space for an answer to come in. **Go back, empty your cup, even break it: when you are no longer, there is no one to stop the wholeness of LOVE to flow into you.**”

**Consider:** my mind will have questions (Inquiry), and not **enough** room to “receive,” until I fully surrender. During the Passover ritual, a cup of wine (not tea) is spilled, as a symbol to walk away from what plagues me. The number **4** is under the question: **what do I do?** When I do what I know to do, I am in **recovery**. Thus the legend speaks of **4** questions (or Inquiries), asked by **4** children, who are given **4** answers via **4** cups of Redemption. There is also a **5<sup>th</sup>** cup – the cup of Elijah – reserved for when I enter the Land of Plenty...

**WHY** would I use what I **do** (#4) to cut me off from abundance?

Inquiry	?	Is it true?	Where do I go?	What do I do?	Who am I?	?
Redemption	1	6	5	4. Recovery	3	2

# Chapter 2: WHY Disconnecting?

BECAUSE my resistance to hear and obey (big word) the dictates of my inner voice makes me a slave to the belief that there's an out there *out there*: it is now **Power** vs. Force, and **you** vs. me!

1. **WHY** not choosing → hearing/SEEing my fear of speaking.
2. **WHY** a fearless babe's mouth → fulfilling the law's "mouth."
3. **WHY** "THE END" → the need to see the goal to reach/be it.
4. **WHY** fighting with "God" → reading the signs, e.g.; TWINS.
5. **WHY** Competition → UnderStanding the One of US.
6. **WHY** Adversity → dying to the ego in the arms of LOVE.



Disconnect	Not Choosing →	A SOULution →	"THE END" →	Fighting →	Competition →	Adversity →
Belove	1	6	5	4	3	2

**S6X-based Trivia:** the "Created-S6X" code is also divinely practical: when having a question, I can roll a DIE, and correspond my roll to a given fractal, e.g.; #6 of Disconnect is **A SOULution**. This process makes my inner Voice **visible**, and my outer Voice so crystal **clear** that I'd end up feeling **heard and seen** by a "God" who plays with dice after all!





# WHY Not Choosing?

**BECAUSE** making choices terrifies me, as I fear I'm not **Enough** to deal with the consequences!

"In the beginning was the Word:" consciousness (a.k.a. "God") uses words to create worlds.

Indeed, what if I were to make the wrong choice? I forget that the evolution of consciousness (a.k.a. "God") is both compelling and inevitable: if life is about making conscious choices, consciousness is the job I've signed up for, whether I'm conscious of it or not! When not deciding, I have a Power issue on my hands, as I speak and act out of fear. Fear now moves me to lose connection with what I communicate: I intellectualize, and can't be heard. This loss of connection is the source of my suffering. Eventually, I go to the edge, **feel my pain**, and die to who I *think* I am: the doer; the decider, the body! The story then *magically* drops on its own, making room for silence. Using my **words** as evil **swords** is now unthinkable, as I feel the boundaries that my words create, for good or bad. **The decision to do no harm is made → the victim's WHYS leave me → I hear and understand fully WHY I didn't want to become emPowered, and thus**

- **WHY** I couldn't heal my body, my money or my [fill in the blank].
- **WHY** I felt that I didn't have enough self-esteem to act on behalf of the good of all.
- **WHY** I doubted that I had what it takes to fulfill my divine soul expression.

Empowerment? YES! But **WHY can't I feel, or express my soul?**



# WHY out of a Babe's Mouth?



BECAUSE, while babies **learn** from within, by putting stuff in their mouth (nipples, toys, bugs...), what comes out of their mouth (a burp, words, a cry...) does not **defile** them. They're yet to be **taught** to fear being without, and to distrust a world out there that's about to get them!"

**Ab (אב):** Hebrew 1. the alphabet. 2. the father. 3. the most destructive and dire month of the year.

Defilement	I Check U Out	I Seduce U	I Comfort U	I Entertain U	I Convince U	I Rob U Blind
Listening	Compassionate	?	?	?	?	?

See if U can "relate," to use that word as a joke... As we're being introduced, I **Check U Out**. If pleasant to the eyes, **I'll Seduce U**. Now we're in love... until we're not! I'll try to **Comfort U**; to **entertain U**. I'll do all sorts of crazy things (gifting, complimenting, servicing, apologizing...) to **Convince U** to believe that I'm good people; generous, earnest! Yet if U were to read my mind, you'd see that I'm about to **Rob U Blind**, and make you pay for not understanding me, hearing me or **Listening** to me! Oyveh: if only I could be **Compassionate** ("with my pain"), I'd trust my Giving/Receiving, as I would be loving U, unconditionally. **WHY the lie, when I wish to fulfill the law's mouth, from within?**



# WHY Counting on THE END?

BECAUSE “talk-sick” secrets are like the silk scarves a clown pulls out of his pocket: it goes on and on... Geometry, the measure of the Earth, heartens me by giving me clear boundaries, until I can let go.

“In THE END was One Language,” this of an awareness so pure it is choiceless.

I am on a journey, a mystic without a monastery, imagining lack, and looking for LOVE out there. Yet, how can I be “with my pain” (the etymology of *compassion*) when I do not hear nor UnderStand that there is only One of US? Just like everyone else, I have been lonely and sad; just like everyone else, I bleed, when pricked. **Since there is only One pain story, and before moving into the silence that heals all, I may need to perceive One Language by which to 1) sense the personal:**

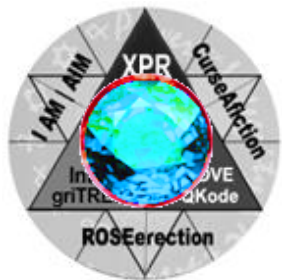
- I am who splits matter “mother” from spirit “father,” a split sourcing ALL problems.
- I can change the way I look it by understanding the One of us: that’s “REALigion,” the sense that I am not the decider, as ALL is decided *through* me, not *by* me! I then know how pure awareness is “choiceless.”

**and 2) sense the collective:**

- The words of “chosen people” are much better rendered as “chosen language.”
- The Biblical “condemning” of homosexuality is due to a loss in translation.
- *Cain*, Hebrew for “jealousy” must kill *Abel* for “vanity,” to be free to have a life.

**Yet, but; as much as I have a new way to look at it, WHY am I still fighting?**





# WHY Fighting?



BECAUSE, as I fight for my life, I am yet to remember that it is all a game. When I feel that the fight is not personal (not about me), I can just “play” at war, and not get hurt.

Hebrew word *LiDrosh* for “to inquire.” Its sign “D” is the **Difference** of PaRaDiSe.

On a Limb?	?	?	?	?	Irritated “I”	?
WHY PaRaDiSe?	?	D for Difference	?	?	S is for Secret	?

Rebekah for “beautifully ensnaring” was the wife of Isaac. While twins Jacob and Esau were fighting in her womb, ‘she said: “if it be so, why do I live?” And she went to **inquire** of the LORD’ (*Gen. 25:22*). When I investigate the beliefs that cause me to struggle, I come to know the **Difference** between good and bad, and surrender to do what I know is the next “good” thing. I listen to my heart, and surrender the fight: the **secret** obscuring my intelligence is exposed, and its incumbent games, e.g.; **Irritated “I,”** leave me.



# WHY Competition?

BECAUSE being on top is such a missionary position that the story of the Tower's erection is one of the only two cross-cultural myths: the event, known in the Bible as *the Tower of Babel*, addresses the confusion of languages. The source is in Sumer, with *Enmerkar* who built a huge ziggurat, and implored god Enki to disrupt the linguistic unity of the lands.



Competition	Worthlessness	Erection	Armament	Confusion	Estrangement	Scattering
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The myth addresses the loss of authentic relating (One Language), from the pride of erecting a Tower to make a name for myself. To ground the myth into practicality, each time my words try to hide a selfish maneuver, I confuse tongues and estrange me from all. Is there a source code to telling the Truth? Hebrew, as the only symbolic alphabet that has not changed form since inception, is a good candidate to guide me beyond time. English is its best conveyor thus far: as the most widely spoken language, it takes me beyond space. “S/Hebrew” has two alphabetical orders: falling as a **She** (e.g.; A to Z) into “Crucifixion;” and rising as a **He** (Z to A) into “Resurrection.” Matriarchal and patriarch religions (in me) can stop **competing** with each other, when immanence *and* transcendence are both needed: it takes both *evil* yin and *good* yang to make a Taichitu! Hebrew is balanced, for me to join my Venusian to my Martian speech acts.

Illustration: 16<sup>th</sup> tarot of the Tower of Destruction, linked to 17<sup>th</sup> Hebrew letter Peh, for “mouth,” asking:  
**WHY would I need adversity to know who I Am?**



# WHY Adversity?



BECAUSE I will resist the “enemy” until I realize that “it” is my true love, and thus the devoted healer, who brings me to die to who I *think* I am.

Hebrew word **Daath** for “[Sexual] Knowledge.” I may fake an orgasm, but I can’t lie to myself about it.

Judgment	Comparisons	?	?	?	?	?
Vision	Honesty	?	?	?	?	?

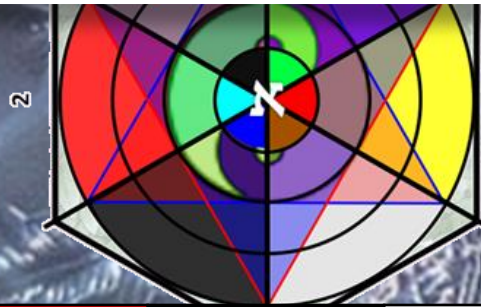
It’s true: **e**ating from the Tree of the Knowledge of Good and Evil is the ego’s **d**eath decree! When I accept that surrender is the goal, I know that what I am surrendering are my **Judgments**. Judgments source my female-like resistance (this is bad) or my male-like desire (this is good). Good and bad are not the issue; the way my split mind inverts polarities is, as I now desire the bad, and resist the good! When I let go, I die into a biblical knowing and **Vision** of unconditional LOVE. **WHY would I judge you?**



# Chapter 3: WHY giving you my Power?

BECAUSE I want something from you, and also BECAUSE I've made you my "God:" I thus feel that I must compromise, and give you what I *think* you want, so that you'd answer my prayers...

1. **WHY** the Romantic Dream → not having my wants heard.
2. **WHY** your not hearing me → my attempting to control you.
3. **WHY** my being invisible → postponing the decision of freedom.
4. **WHY** being ambivalent → my being tongue-tied.
5. **WHY** symbolic languages → not being REAL, and on track.
6. **WHY** "REALigion" → my fear of success and creativity.



Power-Less	The Dream →	I'm Inaudible →	I'm Invisible →	Ambivalence →	Symbolic →	"REALigion" →
Above	1	6	Blue Water	4	Red Fire	2

**S6X-based Trivia:** elements are Created-S6X, as the FOUR classical elements, plus Taoism's Wood, and Hinduism's Ether. Water is Blue, Fire is Red, and I LOVE you... That is until "you" say or do something I *think* is bad: I am now your judge, sentencing you to be punished for not reading my mind, and not telling me what I want to hear!



# WHY the Romantic Dream?

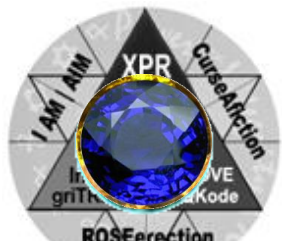


Because I'd rather blame you than take responsibility for my healing. There's no one out there: recognizing me or hurting me are my job; not yours!

Hebrew word *Chalam* for to "dream!" Its letters rearrange as *Lacham* for "warring" the **out there**.

HELLusion	Separation	Recognition	?	?	?	?
IS-REALity	?	Beliefs	?	?	One Language	?

One day my prince will come, and he will meet all my needs, and fulfill all my desires. Clearly I am not quite ready to wake up, and own that it is my work to love, approve, **Recognize** and complete myself; it was never yours! However, since being real and finding the missing piece of my puzzle involves going inside, it seems easier to be a slave to my longing to be loved by "you!" This illusion of **Separation** between above and below, within and without is what makes my "**HELL**," as it keeps me confused, and searching *out there*, where I will never find! I don't get it: **WHY can't I have what I want; your full attention?**



# WHY don't you hear me?

BECAUSE, for “you” to hear me, I would have to hear the call of my heart, and also BECAUSE, as much as I don't mind the idea of being called, I don't want for my life to change!

Don't ask me to quit my job, end my relationship, or even to stop drinking coffee! I am so scared to be sacred (= to give it all as a servant leader) that I live in a dream of separation: I blame you for not hearing me, when I am the one who blocks my inner voice! When I no longer resist, I realize that what I called “bad” leads me to know my passion. To be the change, I must feel the bad of my projections, “love the neighbor as myself,” and thus stop opposing my good. When, however, I see that communication is the *result*, I open to the idea that the alphabet is the Law of laws. This helps me becoming less reluctant to choose to fulfill and fully-feel the law, by being **here** and **hear**.



Shadow work is the secret of all prophets. It restores clairsentience by inviting me to dive into the Abyss, and to give it all up by cracking open the “SHELLfishness” that keeps me from Listening. This generosity, admittedly not for the faint of heart, collapses into experiences I call “synchronicities” or “miracles.”





# WHY won't you see me?



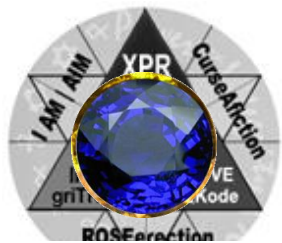
BECAUSE I am in hiding, ashamed of something I feel powerless to transform: not choosing to realize that the world is a reflection of me, I can't be the change I wish to see in "the world."

*Anokhi* comes from Sumerian *Anunnaki*, "giants" whose scientific knowledge humans are yet to feel.

Judgment	Comparisons	Exaggerations	Sarcasms	Complaints	Advices	Regrets
Vision	Honesty	Commerce	Play	Well-being	Autonomy	Self-Realization

Hebrew word *Anokhi* for "me, myself, and I" is the essence of Law, as it is the first word of the Ten Commandments: "me, myself and I [Am the Lord your God who freed you from the land of Egypt. . .]" The transmission "Ego-Egypt" speaks of a mind that projects what it denies onto the other, *out there*. Yes, but; WHY would I be SO ambivalent about the only freedom I have – to decide to be who I am?

Art: *Stairway to Heaven*, Silk tapestry 6'x4' – from the forthcoming exhibit "*Torah, a Song of LOVE*"



# WHY Ambivalence?

BECAUSE I won't feel how I'd rather sleep a little bit longer, and be subjugated by you (*you* as in family, food, sex or money) than to be a sovereign in my own "QKingdom."

Ambivalence	Subjugation	?	?	?	?	Ugly Duckling
Totality	Sovereignty	?	?	?	?	Graceful Swan

To be heard and seen, I must be so *total* in feeling where I separate myself that there is no more boundaries: I can now hear me and see me; I feel me! Feeling is the way back to the paradise lost by Adam and Eve. Let's say that I don't have the money I say I want: although I work hard, I can't feel "in God we trust!" The way to transform matter into energy (and shift from **Ugly Duckling** to **Graceful Swan**) is by first changing how I *feel*, and healing my trust issues! Distrust is at the root of any issue; relationships, the global economy... Yet trusting *me* is impossible, when my rebelling against my heart leads me to feel "bad!" It seems that I've bought the *interpretation* of Eve as Evil, that has worked for eons to split spirit and matter. Fulfilling the feminine – the feeling and sensing functions – is vetoed. That gives Power to my transgressions, when I'm not "God" enough!

A part of me says: I want \_\_\_\_\_; the other says the contrary.

WHY can't I say what I mean, and mean what I say?



# WHY are Symbols REAL?



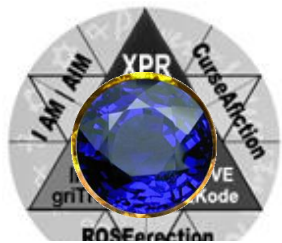
BECAUSE their primitive grammar say IT like it is, allowing me to feel the patterns of language, and thus have a clearer, kinder & more powerful communication.

Hebrew word *Shin* for “Tooth,” which starts the “Fire” of metabolism.

Direction	?	?	North	?	?	?
Symbolic Language	Interior Sign	?	Grammar	?	?	Exterior Sign

**Symbolic Languages** heal the split between the One (or **interior**) and the other (or **exterior**) via letters that are also words: while English would say “T” as in “Tooth,” Hebrew says **Shin** (“tooth”) as in **S**. Its **exterior** and visible or scripted sign is **S** (שׁ); its **interior** signs are **YN** (ינ), unseen unless the word is fully spelled out. **Grammar** is my true **North**. My words are now on track: identifying patterns, e.g.; within and with**out**, allows for educated guesses. Then, **WHY ignoring a way to be real in “REALating?”**





# WHY “REALigion?”

BECAUSE selling a creation (product, service, or communication) is ethical to the degree that it is valuable to the buyer, and BECAUSE “ethics” is the politically correct term for “religion.”

Business	Marketing	?	?	?	?	Selling
Opportunity	Exposure	?	?	?	?	Walking Away

When expressing my soul, yet having problems making rent, I’m not a mystic; I am mystified! Same when paying the bills, yet having no time for love. To have both right livelihood and a thriving business, I must say YES to what’s REAL: right here, right now is my **Opportunity**. Here are a few considerations:

- When unwilling to be **Exposed** and to let go of control, I cannot unleash my creativity. To bring an original solution to any given problem (and thus have something *valuable* to **Market**), I must surrender, and allow for the cosmic wave to wash over me: I am now a clear channel for the Voice to resonate.
- When unable to **Walk Away** from a deal, I am still attached to an outcome, i.e., to how I *think* it “should” be. Such lack of freedom and fulfillment is how I don’t buy me. Not buying me is how I can’t **Sell** my creations.

WHY would I be so scared to have unlimited creativity and support?

# Chapter 4: WHY Praying?

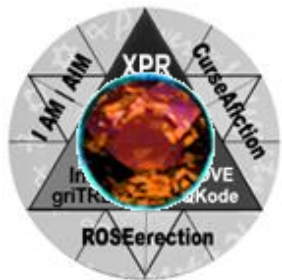
BECAUSE, whether I call it “meditation, wishful thinking, vision questing or goal setting,” my prayer is answered and what I am asking for, “received,” when I empty my mind of doubt.

1. **WHY** Heaven/Havin' → not receiving the Beauty station.
2. **WHY** separating → fearing a one-on-one with “God.”
3. **WHY** fearing being ALL One → not hearing.
4. **WHY** not hearing → not reading the signs or the codes.
5. **WHY** ignoring the “Code-Dependent” → accepting a lie.
6. **WHY** “everything but the Truth” → going AWOL.

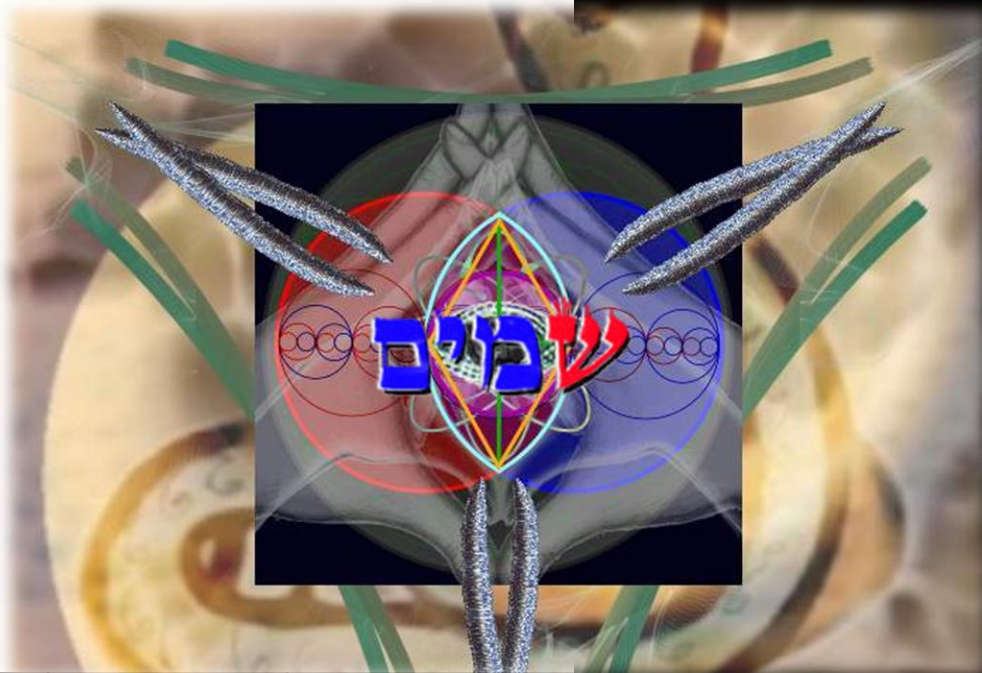


Praying	Havin' →	Separating →	Fearing →	Unhappy →	Depending →	But the Truth →
Belove	1	6	5	4	3	2

**S6X-based Trivia: #6** is the first *perfect* number, a number that is equal to the sum of its proper positive divisors ( $6=1+2+3$ ). Faith is also a computation: 100% belief; 0 doubts! This may be how Plato stated “God is a geometer.” Greek word *mathemata* means “that which can be taught:” if numbers can be taught, they can also be learned!



# WHY Is Heaven “Havin’?”



BECAUSE a prayer of gratitude (when I believe to have received what I prayed for) feels very different than one of supplication (when I live in Scare City).

Red sign is for *Esh* “fire;” the blue word, is *Mayim* for “water;” all together *Esh-Mayim* reads *Shamayim* for “Heaven.”

Scarcity	Confinement	?	?	?	?	?
Abundance	I invite a limIT	?	?	?	?	?

This is what **Abundance** is, and what heaven *feels* like: a merging of opposites where I invite a “limIT” so completely that “IT” eventually lets go of me (I transcend IT). Wanting everything I have – good and bad, fire and water, being in sickness and in health – is how I have everything I want: heaven *is* havin’! This boundary is Hebrew **Shamayim** for “heaven,” when the union of **fire** and **water** is done with such abandon that IT unleashes a creative Power beyond measure. WHY separating from such beauty?





# WHY Separating?

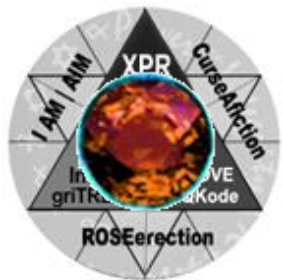
BECAUSE, since information is readable through contrast,  
I need to separate me from you and/or “God” to know who I Am, and who I am not!

‘But Jacob replied, “I will not let you go unless you bless me.” The man asked, “What is your name?” “Jacob,” he answered. Then the man said, “Your name will no longer be Jacob, but **Israel**, because you’ve struggled with God and humans and have overcome.”’ *Gen. 32:27-29*

HELLusion	Separation	Recognition	Retaliation	Service	Power	Enlightenment
IS-REALity	?	?	?	?	?	One Will

A pattern doesn’t disappear. However, when I struggled enough to devote myself to fully understand it, it changes form (or name), and what felt like a curse turns into a blessing. Moving from being Jacob, a “supplanter” deeply in the **HELLusion**, to being **Israel/REAL** is the story of the ego looking for and never being satisfied with:

1. **Separation**: Jacob leaves his family, after usurping his twin brother’s place.
2. **Recognition**: Jacob cheats, lies, steals and embezzles Esau’s rights to be #1.
3. **Retaliation**: Jacob is lied to by his father-in-law, tricking Jacob like Jacob had Esau.
4. **Service**: Jacob is forced to serve 7x2 years to get to marry his beloved Rachel.
5. **Power**: Jacob takes a large part of the flocks of Laban’s sons; more greed / Power!
6. **E** as in...: Jacob surrenders at a place he named **Peniel** for “I have seen God face-to-face.” Just like **Israel** resonates what **IS-REAL**, **Peniel** sounds just as **Pineal**, the gland and seat of **Enlightenment**. WHY would I fear a one-on-one with “God?”



# WHY Fearing All-one-ness?



BECAUSE, if I were to heal, I would have to uncover my nature and live in accordance with it, regardless what my tribe may be thinking of me. I don't know if I have this much courage!

Hebrew word *Echad* for "One."

Loneliness	Incoherent	?	?	?	?	Running
Aloneness	Telepathic	?	?	?	?	Kinesthetic

Being One – a singularity that broke the chains of society's indoctrination – is terrifying! I thus do my best to *not* turn within, where be **alone** as **ALL One**. I'd rather choose to be a slave to the collective misery than an upsetting force that follows my bliss, even when it means saying "no" to the other. As long as I belong to someone, I don't have to master my destiny. Still, WHY am I so unhappy?



# WHY Unhappy?

BECAUSE it is more important for me to protect my “free wil” than it is to hear how to best serve the Good of ALL, which is the source of my true happiness.

An auditory learner learns by hearing sounds, and a visual learner learns by seeing images. Ancient traditions cover both learning styles by offering oral teachings heard as “revelations,” and written teachings seen as “reflections:” Hinduism’s vast body of knowledge is organized into the oral *Śruti* and the written *Smriti*; Judaism into the oral *Torah Shebe’alPeh*, and the written *Torah SheBikhtav*. And yet, I still can’t seem to hear or SEE these three simple words, which are, across traditions, the essence of the law: “do no harm!”

Consider: when I repeat an insane pattern (and do harm),  
I make no sense as I turned off my capacity to be sentient (to hear and sense).  
The solution offered by *eXPiRe* is to open to the sentience of non-human  
animals, such as numbers, letters and sounds. I then “magically”...

... SEE the uncanny life of symbols ↔ I HEAR and UnderStand: there’s only One of US ↔ I AM Enough!



This Hebrew word reads **ShemA** for “hear,” and speaks to my ears and my eyes: it markedly ends in an uppercase letter (**yellow**); a very rare fact in Hebrew that alerts me to the presence of a code. This sign is also a word: *Ayin* for “**eye**.” Thus the message is simultaneously: **hear** and **SEE** (*Śruti/Smriti*)! WHY the code?





# WHY CODE-Dependent?



BECAUSE I'm so enmeshed to and **indoctrinated** by the collective that it will take a potent miracle for me to have the courage to choose **independence**, and live by the **Paradox**: there is no one and nothing **out there!**

The *Shema's* first line, directing who IS REAL to "Hear, ISRAEL, the Name is our creative Power, the Name is One" (*Deut. 6:4*).

Indoctrination	?	SIN	SEX	LAW	GOD	?
Independence	Paradox	?	?	?	?	Success

The "CODE-Dependent" is transmitted by the **last** signs of the **first** and **last** words of the *Shema's* **first** line. Sign (U/O) is also the word *Ayin* is for "eyes" that open to seeing evil, when I **SIN** against **GOOD**. Sign (T/D) is also the word *Dalet*, the "door" that opens to *out there*, for me to escape into **SEX** (sex, food, drugs, work...): no wonder I'd fear the **LAW**! The two signs join to form **Ed** (OD) for "witness" and **Dah** (DO) for "knowledge," calling me to be real, as in "ISRAEL/REAL." **WHY** would I choose, consciously or not, to falsify what IS REAL?



# WHY Deception?

BECAUSE I am so mad at an indoctrination that *tries* to control me by telling me what's right4me that I "FREELY" retaliate by defiantly breaking my Word, and unleashing ALL the evils in the world...

Deception	Gifts	Premeditation	Second-Guess	Disobedience	Immediacy	Hope
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1. **The Gift:** Adam of Gen. 2 lives in lack, split from a "God" who tells him that his being alone is "no **Good**," puts him to sleep, and takes a rib to make him a woman; a gift!
2. **The Premeditation** is in "God" commanding: "you may eat of all Trees, but not of the Tree of the knowledge of **Good** and **Evil**, for if you do, **you'll die of death.**" It's a setup.
3. **The Second-Guessing:** Snake creates doubts by being the most subtle liar of ALL: 1. he asks a leading question (did God really say to not eat of *any* Tree?), 2. he uses **Truth** as the ultimate manipulation, since truth can't be refuted ('**No, you won't die of death, for God knows that your eye will be open, and you'll be as "God;" knowing Good and Evil**').
4. **The Disobedience** (from Latin *dis* for "not" and *ob-audire* for "to hear"): seduced, the woman stops hearing "God," and eats from the Tree of the Knowledge of Good and Evil.
5. **The immediacy:** the woman's inner deafness shifts her sight at once: she now *only* sees the visible with physical eyes, and no longer sees the invisible with her heart: evil eye opens, 3<sup>rd</sup> eye closes: woman is named "Eve" for "who gives life" in pain.
6. **The Hope:** as Adam and Eve lose PaRaDiSe, they also forget that fulfillment comes from within: their only hope – that someone will come to save them -- is the last Evil, at the bottom of Eve/Pandora's box, making Greek mythology an exact mirror to Gen. 2-3.

WHY "you will die of death" instead of the traditional translation "you will surely die?"

# Chapter 5: WHY Doubting?

BECAUSE, to not doubt my decisions, I must lift the ban placed on the vocabulary of the Soul, a ban prohibiting a level discussion on the Sacred that would be fulfilling.

1. **WHY** going AWOL → bearing false witness.
2. **WHY** false witnessing → resisting emPowering the NOW.
3. **WHY** the Eternal NOW, resisted → Purpose vs. Soul expression.
4. **WHY** the Purpose confusion → not knowing black from white.
5. **WHY** black and white magic → judging “not good enough.”
6. **WHY** not “God” enough → the level of “Depth-thinking”.



Doubting	Going AWOL →	False Witness →	Not NOW →	Hazy Purpose →	B&W Magic →	The Deep →
Belove	1	6	5	4	3	2

**S6X-based Trivia:** #6 helps me to transcend space, time and mind, as time is “created-S6X”: whether I live in New York or Bangkok, am young or old, and/or whether I teach music or sell real estate, I “receive” an equal 24 hours a day, 60 minutes an hour, and 60 seconds a minute to fulfill my potential.





# WHY Going AWOL?

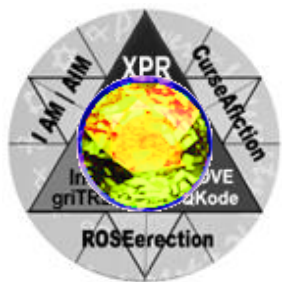


BECAUSE, if “to everything there is a season, and a time for every purpose under heaven,” I don’t want to hear the “TURN, TURN, TURN” 🎵 part of the song: I’d rather *try* to control Nature that to “die by [ego] death!”

Hebrew word *Hineini* for the “here I Am,” spoken by Abraham, when called to sacrifice his son.

Time	?	Kill/Heal	?	?	?	?
Season	?	?	?	New Start	?	?

The Hebrew calendar is soli-lunar: it balances male and female rhythms to Nature’s quarters and cross-quarters, for me to hear “to every thing there is a **Season**, and a **Time** to every purpose under heaven.” Its wheel calls me to **witness** the changes of seasons as my transformation, and to courageously answer: “here I Am!” I am now abiding in the hub, not suffering any ups and downs. This state of mind is the eternal *Shabbat*, when I “rest” from any personal creating. While saying “here I Am” to giving up my son is a lot to digest, **WHY am I not choosing to witness what is?**



# WHY False Witnessing?

BECAUSE I want something so bad that I'd  
be willing to lie, and compromise my  
integrity to get it!

Like beads in a kaleidoscope, the codes of the *Shema* are about to rearrange themselves. The top left word reads as *Echad* for "One;" the bottom right, as *Shema* for "hear/SEE." Note: for ease of receiving, the letters are given in Roman script.



As inspired by Niels Bohr: "If *QKabbalah* hasn't profoundly shocked you, you haven't understood her yet."

The message of the uppercases reads as two pairs (**OD/DO**) conveying "the observer effect" of *Q*uantum science: not only the observer (the **witness**) is involved in what is being observed, but s/he can't be separated from it:

1. *Ed* (**OD**) means "to observe, to **witness**," and *Da* (**DO**) means "knowledge."
2. Like a magician directing my attention, the *Shema* enlarges **OD/DO**, to direct me to focus on IT. Yet when I look at the negative letters in **SMO** and **AHD**, I see *Shem* (**SM**) for "name," and *Ach* (**AH**) for "only; decrease." Here is the decoding: I will *try* to make a name for myself (and ploy or compete), until I accept my ordinariness.

Since the Noble Wheel of Judaism (P42) **witnesses** eight changes in the Year (one per spoke),  
**WHY am I still resisting to emPower the NOW, and change?**



# WHY Not NOW?



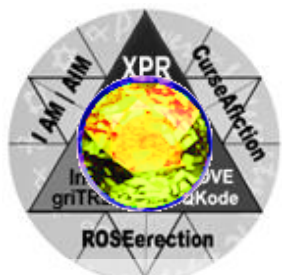
BECAUSE, to pass the Gates of the Eternal Now, I must be sentient enough to embody Wisdom. Such presence is what **smells** a rose, **hears** a cool song, **tastes** an exquisite meal, **watches** a sunset, **touches** a baby's skin. Time stands still. I **know** the Eternal!

Hebrew word *Ed* for “**witness**” (yellow) turning into *Da* for “**knowledge**” (black).

Sense	SIXth	Smell	Hearing	Taste	Sight	Touch
Gate of the Soul	Pores	Nose	Ears	Mouth	Eyes	Hands

The **SIXth** Sense is 95% of the equation, as it is the sense that gives clarity to the five other senses: without it, I am wide open to distortions: I have ears, but do not hear; eyes, but do not see Truth: just my projections of what my ego *thinks* “should” be! I forgot that, no matter my mediumship – be it reading tarots, Akashic records, leaves, crystals, dreams, or again, arts, science, business strategies, etc. – ALL “receiving” is of a soul that is pure of external influences. But then, **WHY am I still confusing (my) purpose with my soul expression?**





# WHY Confusing Purpose?

BECAUSE I think knowing my “Purpose” would make me special, and am yet to get on my knees praying to be saved me from a mind that yearns for love, approval and recognition!”

My purpose is to come into Power (be “special”) by daring to be Powerless, and ordinary! When in Scare City, no matter of how hard I *try*, “♪ I can’t get NO satisfaction!” My sense of proportion is off: I either overdo or underdo! I feel disconnected, as I can’t hear “the LORD is our God, LORD is One.” English conveys the *Shema’s* “OD-CODEd” line via letters **US** in “the **U**nder**S**tanding that there is only One of **US**.” Hebrew and English form such melodious **DUOS** that I’ll eventually relate to the “LORD’s” mystery as me, myself and “**eye!**”

Consider: while the Bible has two **different** Adams that have two **different** ways to create (the 1<sup>st</sup> one, by GRace; the 2<sup>nd</sup> one, by GReed), it also has two **different** Names for “God,” each name being imbued with two **different** Powers:

- **Gen. 1** features a “God” Name *heard* and seen by Primary Adam (#1). This Power creates **in the Now**: it says “let there be light,” and sees light as already here.
- **Gen. 2** features a “God” Name *heard*, seen and served by secondary Adam (#2). This Power creates **unconscious time**: IT is judgmental, and projects its fears out there, and lives under various curses and prohibitions (“Thou Shall [Not]...”).

ROGER that! Yet WHY do I not know the difference between “**Good**” and “the **Devil?**”



# WHY Black & White?



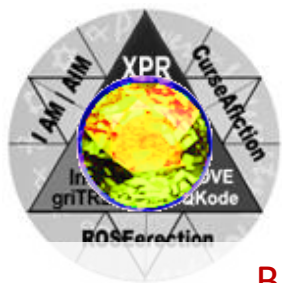
BECAUSE I am a **black** magician, casting **spells** to *try* to control me, you or IT, unaware that **white** magic – the **REAL** magic – is in surrender!

Hebrew word *Abracadabra*, from the Aramaic for “I create as I speak.”

Permission requested to use Walt Disney’s cartoon.

The Golem	I'm a wo/man!	?	I'm an addict!	?	I'm a bully!	?
The Witness	?	Comprehension	?	Cessation	?	Achievement

Everything I perceive and thus create in the “world” comes from the invisible dimension of thoughts. When I want to transform, I must look at the story I tell, which sustains my beliefs. I then come to realize that I don’t know what’s for my highest good; I just *think* I do. The more I surrender my illusions of **control**, the more I let creation happen through me! This evolving process, by which to be so humble “I” unleash my creativity, is traced by the Hebrew letters, from the first to the last, and back. Still, WHY **Witnessing** the “no good?”



# WHY Not “God” Enough?

BECAUSE, not understanding that energy follows thought, I do not choose to dive **deep** in the abysmal Self, and to come to the solution by inquiring on my beliefs.

“My problems cannot be solved at the level of thinking I was at when I created them.” *Albert Einstein (Variant)*

Personal Issue	Memory	Money	Sex	Food	Family	Authority
----------------	--------	-------	-----	------	--------	-----------

Evolutionary tension compels something to come out of nothing, e.g.; “let there be healing!” When I speak the Truth, I see that healing had always been there! Manifesting IT came out of an act of pure will (a word) moved by a sane mind: “body” (energy made manifest) followed mind, and came out of the “**deep**,” the field of the etheric abyss. Therein are ALL past and future memories, which can be downloaded via the Logos, in Hebrew *S.ph.r* (English XPR) for “numbers, letters, and sounds.” Since symbols are what consciousness uses to create, I ask:

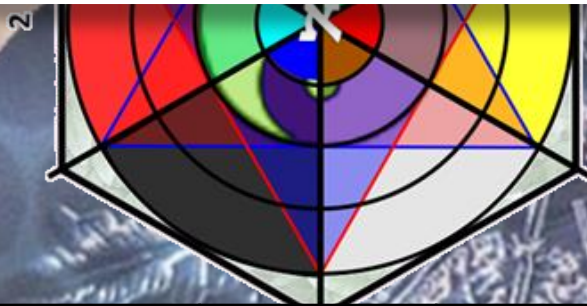
1. What is my greatest **Personal Issue**?
2. Is it true for me that “energy follows thought?”
3. If yes, WHY am I still looking for an answer to my problem in the material world, instead of going in the **deep**; in the level of thinking that I was at when I created my **Issue**?



# Chapter 6: WHY the WHYS Depth?

BECAUSE, to see the “Good” at all times, I must surrender my judging “this is Art, this is not Art,” and BECAUSE, to surrender, I must go really deep to complete my inquiry!

1. **WHY** the limb → the depth of Knowing Good and Evil.
2. **WHY** depth psychology → the fear of diving for the pearl.
3. **WHY** the PaRaDiSe Circle → being on the fence, not deciding!
4. **WHY** hesitate → thinking that I’m too special for this to work!
5. **WHY** Visionary → not being able to choose my yes and my no.
6. **WHY** not being deliberate → having 0 doubts, and being 100%.



WHYS Depth	Limb/Limbo →	Psychology →	PRDS Circle →	UnderStand →	Visionary →	Difference →
Belove	1	6	5	4	3	2

**S6X-based Trivia:** the sacred geometry of a honeycomb, a snowflake, an hexagon or a hexagram evoke perfection: “created-S6X,” they open my heart to the language of PaRaDoX, when I’m so balanced that I do hold the tension between opposites. This is when I risk going out on a limb, and communicate with “God.”



# WHY the Limb-Limbo?



BECAUSE it is where the yellow question mark is – the WHY that will take me to the wisdom and depth I seek, gently. I will then be in “PaRaDiSe”.

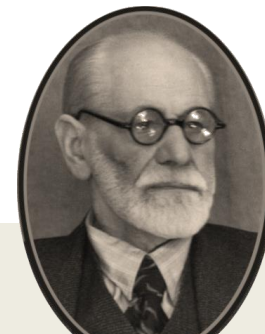
The 10-sphere icon is known as the Tree of Life: its seven rungs mirror the 7 chakras of the Hindu Tree of Life.

On a Limb?	Resisting	?	?	?	?	?
WHY PaRaDiSe?	?	D for Difference	R for Recall	P for Practicality	S for Secret	?

Hebrew **PaRDeS** for “orchard” is an acronym: sign **P** is for **Pshat**, a “**Plain/Practical**” **Earth**-based call; sign **R** is for **Remez**, the emotional “**wink**” for me to **Recall** that I Am **water**; sign **D** is for **Derush** for an **Air**-tight “**inquiry**”, by which to know the **Difference**, and last, the **S** sound of **Sohd**, for the “**Secret**” whose revealing heals me! As potent as these 4D are in quickening the subtle centers of the Tree of Life, WHY is the Tree of the Knowledge of Good and Evil gone, when it is next to the Tree of Life? Is it BECAUSE it is too deep?



# WHY Depth Psychology?



Sigmund Freud

BECAUSE *eXPiRe* may just be the depth Freud and Jung were intimating...

In a letter to Ms. Edith Schroeder who had inquired on “the significance of Freud’s Jewish descent for the origin, content and acceptance of psychoanalysis,” Carl Jung replied: “One would have to take a deep plunge into the history of the Jewish mind. This would carry us beyond Jewish Orthodoxy... into the intricacies of the Kabbalah, which still remains unexplored psychologically.” *C.G. Jung, 1973, Vol. 2, pp. 358-9*

Carl Gustav Jung



Psychology – the “language of the Soul” – is at once in the domain of science and religion. When decoding psychologically the QKabbalah as the Soul of the Torah’s Wisdom Teaching, *eXPiRe* reconcile the psyche’s giants, **Freud** & **Jung**. Doing so may just be enough to fulfill the purpose of psychology – to end **Suffering**:

I move column to column, feeling the wisdom/folly of a specific “place,” e.g.; when I stay stuck in [**Secondary**], I suffer from [**Violence**], and don’t open to [**Synchronicity**]. Great, but WHY would I resist depth?

Suffering	Secondary	Resistance	?	?	?	?
Freud	Violence	Libido	?	?	?	?
Jung	Synchronicity	Archetypes	?	?	?	?





# WHY the PaRaDiSe Circle?



BECAUSE having another perspective goes a long way in allowing **depth** in my Transformation, and in feeling WHY I'd be going in **circles** with the same insane creation.

Hebrew word *Chug* for "Circle."

?	?	?	?	?	?	?
Transformation	?	?	Experience	?	Expression	Expiration

"When the heavens where established, and a **circle** set upon the face of **the deep**, I was there!" *Prov. 8:27*

We're a gathering of ordinary people doing shadow work to solve everyday problems. Our inquiry is based on the idea that the word is alive, and that language is where our Power is. Each time I participate, I renew the **UnderS**tanding that there is only One of **US**, leaving me being "enough!" If so, WHY **am I still hesitating?**

**The PaRaDiSe Circle** is a community offering, sponsored by emPowering NOW LLC.



# WHY Hesitate?

**BECAUSE I still think I'm special: *eXPiRe* won't work for me!** While the mind longs to be extraordinary, it occults the most potent miracle: ordinariness! When sick and tired to *try* so hard to be special, I accept the invitation to partake of **PaRaDiSe's** nourishment, a sentience so pure it satiates the hunger for LOVE.

WHY PaRaDiSe?

**M for Mystery**

**D for Difference**

**R for Reminder**

**P for Practicality**

**S for Secret**

**T for Truth**

## The Why of the PaRaDiSe Mystery School is:

**To end** all mental suffering as I clear the confusion induced by the “God” label, whose abstraction keeps me lonely as I run from the **Mystery**, and angry as I deny the **Truth** that can change *my* life.

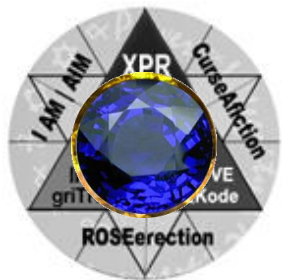
## The How of the PaRaDiSe Mystery School is:

**To clear** the confusion by using the darkness of the Bible as a scrying mirror, and see the exact places in the decoding where I get lost and feel uncomfortable as vital **Reminders** of my own shame-based **Secrets**.

## The What of the PaRaDiSe Mystery School is:

**To have** the **Practical** wisdom to do no harm, as my coming to THE **END** of the matter – when I know the **Difference** between right and wrong – grants me the congruency to *actually* do what I know I am to do.

**WHY** would I not open to receiving the visionary gift of “the Sense of Enough?”



# WHY Visionary?



BECAUSE I SEE “Eye” in Hebrew word *Ehyeh*, **leading** me to hear: Oh Ye of little faith, stop doubting, start trusting! Then you’ll observe and think to yourself: 🎵 what a “ONEderful” world...

Unconscious	?	?	?	victim	?	?
Conscious	?	?	?	?	Leader	?

I can only ask “WHY me” when a **victim**! If not, when “God” (=my heart) gives me my mission, there is no one to argue with it; I am **GRace** seeing the aim – I AM the AIM! Thus, doing harm unconsciously by avenging is the part of me not big enough (yet) to have a more encompassing viewpoint: unable to forgive, I am retaliating (“an eye for an eye!”). I will either choose to observe with the “eye” of **the goat** whose “no” tries to withdraw LOVE or of **the sheep** whose “yes” tries to attract LOVE. WHY can’t I choose **the eagle** “eye” who says a big fat YES to LOVE?





# WHY Not Deliberate?

BECAUSE deliberation (from Latin *liber* for “balance”) requires that I’d abide in between resistance and desire, and thus, that I’d know the difference between good and evil. For now, I don’t: I am as an alcoholic thinking that alcohol is good for me!

The WHYS Tree is the growth of the biblical Tree of the **Knowledge** of Good and Evil: it invites me to deliberately eat from **IT**, in order to surrender my judgments and die to who I *think* I am... I then know that it was never my job to let go: **IT** does it for me! As the visible and the invisible merge, the question about Power is moot.

I imagine that, before being born into the body, my soul signed a contract: I agreed to digest a serving of the shame-based greed that permeates the Earth, and to turn it into grace. To help me succeed, I have a magical object: the **IT** or the Living Word. When felt, **IT** connects me to my team, an entity known as LOVE or “God.” **IT** is ALL I need! However, I also agreed that, as my spirit was downloaded to the body of my choice, I’d forget everything about my contract, my magic, and the **IT** that feeds me! I’d then be bugged by doubt, and feel so hungry I’d keep on feeding me lies!

What is **IT**? Calling **IT** the manna just deflects the question. BTW, the word for “manna” first appears in *Exod. 16:15*, not as a noun, but as a question: “what is **IT**?” What is it that restores its heavenly quality to earthly “pleasures?” Built on the root of the word for “faith,” **IT** is faith or the *certainty* that I Am Enough!

# Hear/SEE – WHY a Conclusion?

BECAUSE there will be an introduction and a conclusion – a beginning and an END; a heaven and a hell – as long as I haven't renounced it ALL, including the concept of "renunciation."

? I SEE the uncanny life of **symbols** ↔ I HEAR and UnderStand: there's only One of **US** ↔ I AM Enough!

**WHY** eXPiRe *à la carte* → taking full responsibility for being my own savior, my own lover, my own teacher, and my own healer.

**WHY** GRace → the big n' bold "**GR**" code of **G**iving/**R**eceiving.

**WHY** the TWIN Mission → eXPiRing to emPower the NOW.

**WHY** the **G**olden **R**ule → THE END: the open/complete honesty of a mind without questions; a heart without answers...



Above	1	2	3	4	5	6
Belove	1	6	5	4	3	2

**S6X-based Trivia:** twelve "Disciples" – two sets of created-S6X – joining in the miracle of One Only thing, in the core of messianic number 13, when I let go of ALL teachings, ALL traditions, ALL borrowed knowledge, and ALL disciplines to just be me. Simply. Be.



WHY eXPiRe à la carte?



What I am willing to Give in Order to Receive? What is *Enough*?

The eXPiRe Tarot App is available in the iTunes store or Google Play store.



The PaRaDiSe Circle is a community offering, sponsored by emPowering NOW.

BECAUSE I choose which XPR will satiate my hunger!

XPR à la carte	QK at the Movies	Hear/SEE	PaRaDiSe Circle	THE END Quest	eXPiRe Tarot App	The WHYS Tree
XPR Transforming	InSPiRing	eXPloRing	eXPeRimenting	eXPeRiencing	eXPRESSing	eXPiRing



## UnderStand. Speak in Peace. emPower the NOW.

Golden XPR	Prerequisite	Inquiry	Results	Logistics	Cost
The WHYS Little Bit (TWLB)	None	WHY am I Powerless to heal?	UnderStanding what's in my way.	Solo. Internet. 10 min.	Free
It's always "A B-Ginning"	None	WHY do I feel SO lonely at times?	UnderStanding signs are vital to (my) life.	Solo. Internet. 10 min.	Free
Hear/SEE (H/S)	None	WHY am I so afraid of Power?	UnderStanding WHY I would do harm.	Solo Course.	Free Web Registration
The WHYS Bite (TWB)	TWLB	WHY cannot I create my preferred reality?	UnderStanding destiny, free will, and creation.	Solo Course.	Free Web Registration
The PaRaDiSe Circle	TWLB TWB	WHY am I repeating the same error?	UnderStanding the order behind creativity.	Community Offering	Free Web Registration
THE END Quest	TWLB TWB H/S	WHY and how do I do harm? WHY cannot I know my purpose?	UnderStanding WHY I play the games I play in limiting myself.	One-on-One and/or Group 3-day Workshop	Sense of Enough (see Page SIX)
eXPiRe Tarot App (ETA)	None	WHY does the journey have to be SO darn hard at times?	UnderStanding the initiation called "life."	Solo. iPhone. Android	\$4.99
The WHYS Tree (TWT)	All of the Above	WHY am I Powerless to heal, teach, save and inspire ME?	UnderStanding how my judgments create a "Good" and a "Devil."	Group Course One-on-One Sessions	Sense of Enough (see Page SIX)

When I live by "do no harm," I don't *need* any of this. **Golden XPR** is for the me who can't hear that simplicity. Warning: I'm in great danger: at any time of my **inquiry**, I may "**hear/SEE**" the source of my resisting "**Good**." *Suddenly*, I may find myself happy, laughing, loving/learning it all. I'll then have my **Results** via the **UnderStanding** that there's only 1 of **US**.

Golden XPR	QK at the Movies	Hear/SEE	PaRaDiSe Circle	THE END Quest	eXPiRe Tarot App	The WHYS Tree
XPR Transforming	InSPiRing	eXPloRing	eXPeRimenting	eXPeRiencing	eXPReSSing	eXPiRing



# WHY GRace?

BECAUSE true artists know – if only in their Art – that they must get out of the way to let creation happen through them, by way of GRace. Self-knowledge is to know that I am not the doer.



The word “**temperance**” is rooted in regulation, mitigation and the proper mixing of opposites. It reveals how Art and Alchemy are the same process: **Art** is how to decant the soul’s impurities and metamorphose the pain, and **Alchemy**, how to transmute a common metal into a *precious* one. **Temperance** is a great help to life on Earth, as it is a fair mixture of viewpoints. It is the paradox to at once imagine no boundaries, and be the child at “heART” who knows when **Enough** is “in off.”

These emPowering NOW’s courses are not for sale! To allow that *the Path of eXPiRe* remains a most precious gift, I am invited to sense my **Enough**, with myself and my XPR advisor. I must deliberately decide what my own commitment to myself is, by placing a \$\$\$ value on what is **Enough** for me to **Give** in order to no longer block the **Receiving** of what I want most of all – to transition from **GReed** into **GRace**. **WHY the big/bold GR?**

Illustration: *Le béret d’artiste* or XPR TORA13/TARO14

As the 14<sup>th</sup> tarot, **Temperance** illustrates 13<sup>th</sup> Hebrew sign *Samekh* that invokes Sagittarius, the centaur who merges beast and man, to throw arrows (→ → →) into the clouds of darkness; the WHYS.



# WHY the TWIN Mission?

**BECAUSE somebody had to do this!** “This [that science and religion each—tend to deny significance, even reality, to the other] is a massive and violent schism and rupture in the internal organs of today’s global culture, and this is exactly why many social analysts believe that if some sort of reconciliation between science and religion is not forthcoming, the future of humanity is, at best, precarious.” *Ken Wilber, The Marriage of Sense and Soul.*

**The Mission of XPR (eXPiRe)** is to reveal the inherent order in the chaos of knowledge. When I perceive that there is a universal code to hearing and seeing the soul of perennial truths, the invisible and the visible merge, the hunger for LOVE is satiated, integrity is naturally embodied, and an aware civilization emerges.

Religion	Scriptures	Good & Evil	Salvation	Laws	Rituals	“God”
Science	Force	Space-Time	Energy-Matter	Possibilities	Consciousness	Motion

**The Mission of emPowering NOW LLC** is to bring forth *the Path of XPR (eXPiRe)* as a way to transition from a world mainly in **G**Reed where **G**iving/**R**eceiving communicates via fear, confusion and domination, to a world and consciousness of **G**Race when my word flows freely from the silence and the sounds of LOVE.





# The Gølden Rule

9		8		7		6		5		4		3		2		1	
Completing		Ordering		Engaging		Desiring		PAIRfect		Resisting		Changing		Deciding		Opening	
9	Th	8	H	7	G	6	U V W	5	E	4	D	3	C	2	B	1	⌘

→ I see the **PAIRfect 10** of an alphabet joining **9 Completing** and **1 Opening** ↔ my right brain and left brain merge ↔ my right and left hands unite in pure action ↔ I have my results ←

The emPowering NOW Team – dedicated to the simplicity of “do no harm!”

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